

First Baptist Church – Calgary

Week of: March 07, 2010

Message Series: Ephesians – God’s New Society
#8 – Practicing Harmony

Study Notes:

Personal Study: #8 – *Practicing Harmony*

1. When you think about the word “*harmony*”, what images come to mind?

- When have you experienced significant harmony in your life?
 - What factors contributed to harmony’s creation?

Read Ephesians 4:17-19.

2. Think back to your days of darkness, or to “episodes of darkness” in your life.

- Where was your heart “hardened”, and how did God go about softening it?

Read Ephesians 4:20-24.

3. In your Christian life, who has had the greatest influence on you in terms of what Paul writes in verses 22-24?

- Summarize what you learned from this person in one or two sentences that you could tell someone else.

Read Ephesians 4:25 – 5:1.

4. Which of the following do you find the hardest to practice harmony with in your Christian Life:

- Speaking the truth (v.25)
- Dealing with anger appropriately (v.v. 26-27)
- Being a Giver more than a Taker (v. 28)
- Building up others (v. 29)

What practical steps can you take to practice harmony more successfully in the area you have identified above? How will you cause the Holy Spirit to rejoice in your transformed behavior?

6. Ken taught that the key question we all must ask is “*Am I my Father’s Child?*”

- Commit to memory Ephesians 5:1-2 this week. Then, ask God to create in you the beautiful harmonies that He wants you to bring to the First Baptist Community.